

Catholic Youth Camp Packing List

NOTE- Please remember that at camp we get dirty, wet, spend time at arts and crafts (with paint, glue, etc.), and do a variety of activities that will cause clothes and shoes to come home much rougher than when they came to camp. Please don't send items that you expect to stay clean.

****Please label all items with your child's name****

Cabin Items

- _____ Sleeping bag
- _____ Sheet to cover the mattress
- _____ Pillow
- _____ Flashlight
- _____ Beach towel

Clothes

- _____ 3 pairs of shorts
- _____ 1 pair of long pants
- _____ 4 tee shirts/tanks
- _____ 1 sweatshirt or jacket
- _____ pajamas
- _____ 1 set of clothes that can get muddy/sticky/stained/etc.
- _____ 6 sets of underwear
- _____ 6 sets of socks
- _____ swimsuit
- _____ raincoat or poncho
- _____ athletic shoes and/or heavy duty sandals (**flip flops are NOT suitable camp footwear)

****Please label all items with your child's name****

Toiletries

- Bug repellent
- Sunscreen
- Toothbrush/paste
- Soap
- Shampoo
- Brush/comb
- Small bag or container to carry toiletries to and from shower
- Flip flops (for shower use only!)
- Bath towel/wash cloth

***Medications (prescription or over the counter) MUST be turned in at check in. Campers should not have medication in their luggage. Prescription medication MUST be in original, labeled bottle.

Optional Items

- Bible
- Camera/film
- Books
- Stuffed animal
- Pictures
- Hat/sunglasses
- Stationary/envelopes/stamps

PLEASE DO NOT BRING THE FOLLOWING Items:

- Food/Candy (attracts critters)
- Blow dryer/curling iron (fire hazard)
- Hazardous Sports Equipment (archery items, etc.)
- Electronics (video games, ipods, cell phones, CD players)
- Cash
- Valuables of any sort

****CYC IS NOT RESPONSIBLE FOR LOST OR BROKEN PROPERTY.**

PLEASE LEAVE EXPENSIVE THINGS AT HOME!!!**

Flip flops are NOT suitable camp footwear. Please pack appropriate shoes!

Modest is Hottest at CYC

At Catholic Youth Camp, campers, staff and guests are expected to respect God, each other and oneself at all times. Modesty includes appropriate behavior, language and conversation, and appropriate dress.

Anyone not acting modestly will be asked to change (behavior, language, clothing, etc) or will be asked to leave.

Because modern fashion does not always fall into the modest category, here are some guidelines to follow when packing for CYC:

Clothing

- No inappropriate words or pictures on any clothing (ie- vulgar language, violent, sexual, discriminatory, offensive, or tobacco or alcohol promoting content).
- No visible underwear
- No extremely tight clothing
- You must be fully dressed in all common areas (ie- shirts must stay on while playing sports, etc.)

Tops

- No cleavage-baring and/or midriff-baring shirts
- Shirts that are transparent (see-through), expose a bare back, halter tops, and tube tops are prohibited
- Tank top straps must be at least 1-inch wide

Bottoms

- Must be worn at the waist (sagging is not allowed)
- Shorts must reach fingertips when arms hang at your side

Bathing Suits

- Females: one-piece suits recommended, however, two-piece suits are allowed as long as they are modestly cut. No string, thong, or crochet suits allowed.
- Males: swim trunks only (no Speedo or bikini style)

Shoes

- Flip flops are for the **shower only!** Uneven terrain, active programming, and the overall camp environment require more support and coverage than flip flops offer.
- High-heeled or dress shoes are not appropriate camp footwear

Dress Code Violations

